

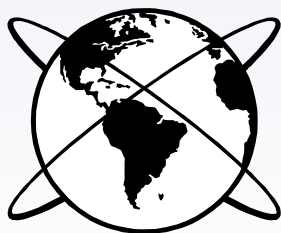
## Camp Philosophy

Freestyle Wrestling is an International sport. Most US freestyle wrestlers are coached and trained by US coaches and receive little exposure to International teams and coaches.

It is our belief that exposure to wrestlers and coaches from other countries will give the individual athlete a new and different experience of the sport as well as an interest in potential travel and competition internationally.

Freestyle wrestling has been a part of the Olympic Games since 1896 and over 200 countries recognize Freestyle wrestling as an official sport in their country.

This camp will have a coaching / wrestler ratio of 1 to 12 for the maximum in individual technical training and instruction.



An International Wrestling Camp-  
Train with the German National Team!

If there's one camp to go to this year—  
THIS is it!



**Sabotage Wrestling Academy**

# 2010 INTERNATIONAL WRESTLING CAMP

**Featuring:  
The German National Team**

**July 5 & 6, 2010  
Arlington High School  
Arlington, Washington**

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**Sabotage Wrestling Academy (SWA)**  
<http://www.SabotageSports.com>

Sabotage Sports Administrator  
Bonney Ottow  
bonney@sabotagesports.com  
425-443-9102

Sabotage Wrestling Director  
Shaun Williams  
shaun@sabotagesports.com  
360-722-2171



[SabotageWrestling.com](http://SabotageWrestling.com)

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## Schedule:

### Monday July 5th & Tuesday July 6th

- 9a—11a Session One
- 11a—12p Lunch *is provided*
- Noon—2p Session Two
- 3p—5p Session Three

## Facilities

- Arlington High School gym  
Crown Ridge Blvd.  
Arlington, WA 98233
- Six full mats
- Locker rooms available

## Accommodations

- Camping will be available for wrestlers with a chaperone
- Host Homes available upon request.
- Call: 425-443-9102 for a reservation.

## Age Groups

- This camp is for ages 10 and up.

## Camp Fee

- \$125 pre-register  
\$110 for SWA Members
- \$75 per day at the door.
- Register at: [www.SabotageSports.com](http://www.SabotageSports.com)  
**DEADLINE: June 10th, 2010**

## Camp Information

- Director: Shaun Williams  
(360) 722-2171  
[shaun@sabotagesports.com](mailto:shaun@sabotagesports.com)
- Administrator: Bonney Ottow  
(425) 443-9102  
[bonney@sabotagesports.com](mailto:bonney@sabotagesports.com)

## Featured Clinicians:

- **SVEN THIELE**  
3 time World Silver Medalist  
3 time Olympian  
World Cup Champion  
Fila Test Tournament Champ  
4 time European Medalist  
Saxony State & KFC Leipzig Coach
- **HEINRICH BARNES**  
2009 NCAA All-American  
2008 Beijing Olympian  
3x African Continental Champion  
2006 NJCAA National Champion  
2006 Junior World Championships— 5th
- **KELLY KUBEC**  
2010 NCAA tourney participant  
2010 PAC-10 2nd  
Oregon State University  
3x Washington State Prep Champion
- **SHAUN WILLIAMS**
- And **MORE** guest clinicians expected!

## Camp Requirements-Forms:

- Medical Information
- Personal Insurance Information
- Liability Release
- Lystedt Form

All forms are available online on the wrestling team pages under *Handbook and Forms* at:

<http://www.sabotagesports.com>

Paper forms will be available at check in for walk up wrestlers



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Sabotage Wrestling Academy (SWA)